Lola’s User Manual - ENFJ-T

- What is your style?

* Passionate – When I am passionate about something I can spend hours working on it, and making it better than anyone else could.
* To-Do Lists everywhere and for everything, usually when people want me to do something, I’ll immediately pull out my reminders and start typing so then I don’t forget that it must be done.
* I start everyday by “Eating the frog first,” I like to get that out first before I get stressed by a ton of little things that can be done faster and easily

- When do you like people to approach you and how?

* Intense – If I’m getting too competitive at the work, I like to be reminded that it’s a team effort, not a one-man job.

- What do you value?

* Feedback – I am a very receptive person, and have strong opinions, but am far from being closed-minded. I like to be told what I can improve, and what I can change.
* Reliability – I love when people know they can come to me for help, a chat, or a problem. I like when people know that they can rely on me.

- How do you like people to communicate with you?

* Face to face – you can even make my bullet points before starting the conversation, so I can get a clear idea of what you are trying to tell me, and what needs to get done.
* Directly – I don’t enjoy drama, if you have a problem with me, come to me. I dislike hearing my name being spread by something I did, and that hasn’t even been talked directly to me.

- How do you make decisions?

* Ideals – I have clear ideas, and principles. When it comes to taking a decision what is best, clear, and to the point it’s always going to be my go-to.
* I stick to my core values, what is true, just, and right, it must be done in that way.

- How can people help you?

* Tell me what I need to know, not what you think I want to hear.
* Get me out of my bubble – I can put a lot of pressure on myself, and I can be very unrealistic pushing myself to the limit, and getting all or nothing done.

- What will you not tolerate in others?

* Pride – Someone who acts like they know more than the rest, or takes pride in everything they do.
* Exclusion – When someone mistreats other colleagues just because they aren’t their friends, or they do things differently; color, race, or nationality we are ALL equal.